



**7<sup>th</sup> - 8<sup>th</sup>  
JANUARY  
2022  
LE ROYAL  
Hotel, Amman  
JORDAN** 



**The 6<sup>th</sup> Biennial Meeting of  
The Middle East Society for Sexual Medicine**  
*Sexual Medicine addressed Comprehensively*

**In collaboration with**

**The Jordanian Association of Urological Surgeons - JAUS &  
The International Society for Sexual Medicine**



**SCIENTIFIC & ABSTRACTS BOOK**

By **Events**  
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MESSM- The Middle East Society  
for Sexual Medicine

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Website: [www.messm.org](http://www.messm.org)

Covid 19 Guidance







His Majesty King Abdullah II Ibn Al-Hussein





His Royal Highness Crown Prince Al-Hussein Bin Abdullah II





Dear Colleague & Friends

As the chairman of the 6th MESSM Biennial Meeting, and on behalf of the MESSM executive board, Allow me to humbly welcome you to the 6th MESSM Biennial Meeting, which will be held on the 7th and 8th of January 2022 in Amman, Jordan

In association with the Jordanian Association of Urological Surgeons (JAUS), the scientific committee made every effort to ensure that this conference would produce other prolific outcomes enriched with vigorous topics apprised with the current terms in sexual health.

A comprehensive program has been outlined covering several aspects of erectile dysfunction and sexual health. Distinguished national and international top-notch speakers have been invited to grace this important occasion showcasing their expertise on the regular's development in the field of sexual health. I am proud to say that the invited speakers had been carefully chosen to be renowned in their field of expertise for the special emphasis on giving more chances for the junior doctors to present their experience as well .

May I take this opportunity to sincerely thank the chairmen and members of the scientific and organizing committees and the societies office managers for their commitment to making this event possible without their endless effort .

Not to forget the sponsors' companies who were really helpful during this event. This would not have been a reality without them. I wish everyone a profitable, fruitful and enjoyable conference .

Dr. Talal Merdad

President of the MESSM

Chairman of the meeting



Dear colleagues

We welcome you to the 6th MESSM Biennial Meeting, held from 7-8 January 2022 Amman – Jordan. In these unprecedented circumstances recovering from the pandemic we all had to adapt to, we look forward to .resuming life as we know it, hopefully, stronger, humbler, and appreciative

This long-awaited meeting will be a platform to share knowledge, wisdom, and experience and meet colleagues and friends. This will be a great chance to follow up on the latest literature guidelines and advances, expanding our horizon, reiterating professional ethics and humane values, creating .and expanding our network for the benefit of our patients and trainees

The upcoming 2-day event will encompass an exciting scientific program with a variety of contemporary presentations and renowned local and international speakers; therefore, we chose ” .the theme of the meeting to be “Sexual Medicine addressed Comprehensively

The meeting will be presented in a HYBRID format incorporating live transmissions while following physical distancing and .safety rules will allow many of our colleagues and friends who cannot travel to participate to join us online

We are looking forward to your support, advice, and participation  
.Looking forward to seeing you all in Amman

Rami Al Azab  
Chairman of organizing committee  
President of JAUS



Dear colleagues

As a chairman for the scientific committee of the Middle East Society for Sexual Medicine (MESSM) it gives me great pleasure to invite all physicians with interest in sexual medicine to attend our 6th Biennial Meeting which will be a hybrid meeting in Amman, Jordan January 7th, 8th, 2022 .

Sexual medicine involves multi specialties including andrology, urology, gynecology, psychology, endocrinology, psychiatry and physical medicine. We tried as scientific committee to address Sexual medicine in a comprehensive manner. We are lucky to have some of the most imminent Sexual medicine specialists joining our program. Similar to the Societies' meetings and congresses, we are planning a mixture of various State-of-the-Art Lectures, Podium Presentations & Poster Presentations .

We are keen to organize a large and comprehensive meeting program of high educational and scientific value to all members and guests. The standard of the scientific content is very high and it is therefore regarded as .the essential meeting to attend to present new data in all fields of Sexual Medicine .

Dr. Amr El-Meliegy

Chairman of the Scientific Committee of the MESSM



# COMMITTEES CONFERENCE



## Executive Committee



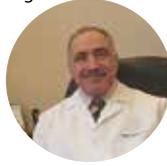
Dr. Talal Merdad  
President of the MESSM  
Chairman of the Meeting



Dr. Rami Al Azab  
Chairman of organizing committee  
President of Jaus



Dr. Sandarine Atallah



Dr. Maher Zabaneh



Dr. Wafaa Eltantawy



Dr. Khaled Al Sadeq



Dr. Abd Alnaser Shneiqat



Dr. Mamoun Zebdeh



Dr. Wajdi Al Wazani



Dr. Mohammad Hamdan



Dr. Mohammad quzaa



Dr. Falah Al Tamimi



Dr. Dr. Zeyad Awwad



Dr. Samer Jezawi



Dr. Ghassan Talahmeh



Dr. Nisreen Dabbas



Dr. Yaman Altai



## Scientific Committee



Dr. Amr El-Meliegy  
Chairman of the Scientific committee



Dr. Hayder Alwan



Dr. Atia M. Attaky



Dr. Qaisar Javed



Dr. Emad Rajih



Dr. Maha Aleid



Dr. Yaman Altal



Dr. Muhammad Hashimi Hisham Sharif



Dr. Hussain Alnajjar



Dr. Salwa Bahkali



Dr. Ahmad Shamsodini



Dr. Osama Selim



Dr. Ahmad Motawi



# SPEAKERS



***Dr. Abdel Rahman Zahran***

Dr. ABDEL RAHMAN Zahran is a Current professor of Urology & Head of Endourology & andrology unit, faculty of Medicine, Alexandria University, EGYPT. Being specialized in Male Reproductive Medicine, Microsurgery and Male sexual Dysfunctions. He completed his medical school at the Alexandria University School of Medicine in EGYPT the year 1991, urology residency at the Urology department at the main university hospital (1993-1996), and specialty fellowship at the University of McGill CANADA (1996-2000). Then he had two other short fellowships with Dr: Tom Lue at the UCSF in the year 2005 & 2006 as well as in Cleveland clinic with Dr: Drogo Montague in the year 2006. Dr. Zahran is an expert in all aspects of male reproductive health, including fertility preservation counseling and treatment, low testosterone, erectile dysfunction, sexual dysfunction, Peyronie's disease, priapism as well as Prosthetic surgery and testicular pain. He specializes in the management of male infertility with the aim of improving natural conception or improved outcomes from assisted reproduction. He also specializes in fertility for spinal cord injury patients. Surgical techniques that he is skilled in for the treatment of these conditions include the minimally testicular sperm extractions and microsurgical varicocelectomies, advanced sperm retrieval techniques. Dr. Zahran has a strong record demonstrating a commitment to educational excellence and advancing the field of male fertility. He consistently presents at major national and international meetings and is a reviewer for several scientific journals. He was the president of the section of the male sexual dysfunction at the Egyptian urological association also he is the past secretary general of the Middle East society of sexual medicine & he is currently the secretary general of the Egyptian society of sexual medicine surgery (ESSMS).

He is currently being invited in most of the sexual medicine conferences both nationally and internationally as a guest speaker or a chairperson.

He has a lot of peer reviewed publications in the field of Andrology and endourology



***Dr. Abdelmaged Ramzy***



***Dr. Abdulaziz Baazeem***

Abdulaziz Baazeem MD, FRCS(C), FECSM Baazeem is a Saudi Urologist and Andrologist.

Dr. Baazeem was class valedictorian at graduation from King Abdulaziz University. He went on to complete his residency in urology at McGill University in Montreal, Canada. He also obtained fellowships in Laser Prostatic Surgery and in Andrology from McGill University.

He is an Assistant Professor of Urology at Umm Al-Qura University in Makkah. His private practice is at Clinicare, Jeddah. Dr. Baazeem is the Immediate Past President of the Middle East Society for Sexual Medicine (MESSM). Prior to that, he also served as Chairman of the MESSM Scientific and Communication Committees and sat on its Board of Directors as an ordinary director. He was also a Board member of the Saudi Commission for Health Specialties' Urology Scientific Council as well as a member of the Saudi Urology Board Examination Committee. He is an associate editor for Sexual Medicine and was on the Editorial Board for the Journal of Sexual Medicine.



***Dr. Ahlam Mtiraoui***

Ahlem Mtiraoui

Psychiatrist, psychotherapist

Associate professor in psychiatry, Department of Psychiatry of Farhat Hached Hospital of Sousse, Tunisia

Clinical sexologist, member of the Executive Board of the Tunisian Society of Clinical Sexology, founded in 2014 and first scholarly association dedicated to the field in Tunisia.



**Dr. Ahmad Majzoub**

Dr. Ahmad Majzoub is a specialist in the fields of Andrology and Male Infertility, currently working as a Consultant at the department of Urology and program director of Andrology and Male Infertility fellowship at Hamad Medical Corporation, Doha, Qatar. He is also affiliated to Weill Cornell Medicine –Qatar holding a position of assistant professor. Dr. Majzoub is an Arab board-certified urologist and had underwent a specialized two-year training in Andrology and Male Infertility at the Hamad Medical Corporation. He further completed another Clinical and Research Fellowship in Andrology at the world-famous Glickman Urological and Kidney Institute and the American Center for Reproductive Medicine at Cleveland Clinic Foundation, Cleveland, United States. He is also a fellow of the European Committee of Sexual Medicine.

Dr. Majzoub provides services in General Urology, Andrology and Male infertility offering endoscopic, microsurgical, reconstructive and prosthetic surgeries for his patients. His interests extend towards the management of chronic pelvic pain syndrome in men and has opened a dedicated multidisciplinary pelvic pain unit.

Dr. Majzoub has done extensive work in the field of Medical Research and has been very active with over 140 research publications at peer reviewed journals and several book chapters mainly focusing on Andrology and men's health.

He is a reviewer at several high impact medical journals and is an active member of the American Association for Reproductive Medicine, the European and International Societies of Sexual Medicine and the Arab Association of Urology. He holds editorial positions at a number of scientific journals and has had several speaker participations at national and international conferences. Ahmad has served as an editor of 3 special issues in peer reviewed scientific journals and has co-edited 5 books on topics related to Male infertility.

For more information, visit, ResearchGate: [https://www.researchgate.net/profile/Ahmad\\_Majzoub](https://www.researchgate.net/profile/Ahmad_Majzoub)



***Dr. Ahmad Motawi***

Dr. Ahmed Motawi, was born and raised in Egypt in the Cairo Governorate, specifically in the Heliopolis district. He completed his basic education at the English School in Heliopolis in the year 2001. Then he joined the Faculty of Medicine (Kasr Al-Ainy) at Cairo University and graduated in 2007 with a grade of distinction with honors, and completed internship and residency in the Department of Andrology, Reproductive Medicine and Sexually transmitted infections. He also earned a master's degree in the same specialty in 2012, and in the same year he earned a fellowship certificate in sexual medicine from the European Society for Sexual Health. He then obtained his Ph.D. in 2015.

Dr. Motawi is also a member of the academic staff at the Faculty of Medicine- Cairo University (Kasr Al-Ainy), and currently working as a lecturer in the Department of Andrology, Sexual medicine and STIs.



***Dr. Ahmad Shamsodini***

Dr. Shamsodini is working as senior consultant and head of department of urology in AlWakra hospital, part of Hamad Medical Corporation (HMC) in Qatar. He is a faculty member in Weill Cornell medical college-Qatar as assistant professor. His main interest is in the field of Andrology reconstructive surgery and urethral reconstruction. He worked as head of Andrology unit in Hamad General Hospital before joining his current position. He also works in the field of minimally invasive surgeries for stones and endo-urology surgeries.



***Dr. Ahmed Ragheb***

Ahmed M. Ragheb, MD, PhD, FECSM

Assistant Professor of Urology- Beni-Suef University

Male Infertility and Andrology Fellow- Cleveland Clinic- USA

Fellow of European Board of Sexual Medicine- MJCSM – UEMS

Penile Implant and Prosthetic Urology Fellow- UKSH – Germany

Director of Men's Health Unit, Bedaya Hospitals, Upper Egypt



***Dr. Alan Shindel***

Alan W. Shindel graduated from the school of medicine at Washington University in Saint Louis in 2002. He completed his residency training in urology at Barnes-Jewish Hospital in 2007. After completion of his residency he started a 3-year research and clinical fellowship in andrology (men's reproductive and sexual health) at the University of California, San Francisco (UCSF) under the direction of Drs. Tom Lue and Ira Sharlip. He joined the faculty of urology at the University of California Davis in 2010. In 2015 he left UC Davis to serve as a Medical Director at Genomic Health Inc, a manufacturer of genomic based tests for prostate cancer. Dr. Shindel returned to academic practice at UCSF in 2017 and is currently a Professor of Clinical Urology.

Dr. Shindel was the Inaugural Editor-in-Chief for Sexual Medicine, the open access journal of the International Society for Sexual Medicine, from 2012 to 2015; he was re-appointed as Editor in Chief in 2020. He served as chair of the American Urological Association's Guideline Panel on Disorders of Ejaculation and oversaw release of the AUA Guideline on Disorders of Ejaculation in 2020.



***Dr. Alejandro Carvajal***

Alejandro Carvajal MD

Urologist Universidad CES (Medellin, Colombia)

Andrologist ( Universidad Autonoma de Barcelona , Spain)

Certification in Clinical Andrology (European Academy of Andrology 2006)

Fellow of the European Committee for Sexual Medicine (FECSM 2020)

Vice President SLAMS

Co-Chair Membership Committee ISSM

Professor Universidad CES (Medellin, Colombia)



***Dr. Amr El-Meliegy***

Dr. El Meliegy graduated from Medical School Cairo University Egypt, 1984. He trained as a fellow in Male Sexual Function, Reproduction and Micro-surgery, University of Iowa Hospitals and Clinics, Iowa City, Iowa, USA 1991 and later visiting clinician, Male sexual dysfunction, Urology Department, UCSF, San Francisco, California, USA 1991. He also obtained the fellowship of the European Society for Sexual Medicine FECSM IN 2012

Dr. El Meliegy obtained a doctorate degree 1993 in Andrology, Sexology and STDs from Cairo University, Egypt. He is a Professor in the department of Andrology, Sexology & STDs in Cairo University, Cairo, Egypt. He is also the founder and the 1st president for the Middle East Society for Sexual Medicine [www.messm.org](http://www.messm.org). Dr. El Meliegy's publications included over 75 research articles in various medical journals, mainly in the International Journal of Impotence Research, Sexologies and the Journal of Sexual Medicine. He is also the chairman of the public policy committee of the international society for sexual medicine [www.issm.org](http://www.issm.org). Dr. El Meliegy is also the founder and editor in chief for the public website [www.se7atalragol.com](http://www.se7atalragol.com)



***Dr. Amr Raheem***

Dr. Amr AbdelRaheem is a consultant in Andrology, an Associate Professor at the faculty of medicine, Cairo University hospitals and an Honorary Senior Lecturer at the University College London Hospital NHS Foundation Trust. He has a wealth of experience, spanning more than two decades covering various aspects of men's health.



***Dr. Amr seifeldin***

- Urogynecologist and Aesthetic Reconstructive Gynecologist with 38y experience.
- Specialized vaginal / genital reconstructive surgery, urinary incontinence and fistulas.
- Pioneered in aesthetic and reconstructive surgery for female genital mutilation.
- International speaker, educator and trainer, with several publications to his name.
- Founder & former director: urogynecology department, El Galaa Teaching Hospital.
- Founder: Amr Seifeldin, MD Clinic – urogynecology & aesthetic gynecology.
- Founder: Restore FGM – ترميم ختان center
- Founder: World Academy of Regenerative & Aesthetic Gynecology (WARAG).
- 1st Aesthetic Gynecologist in Middle East.



***Dr. Annamaria Girdali***

Professor Annamaria Girdali is Senior Consultant in Psychiatry in the Sexological Clinic at Psychiatric Center Copenhagen and Professor in Clinical Sexology at the University of Copenhagen, Denmark, where she also received her medical degree and PhD.

Professor Girdali has been involved in the field of sexual medicine for many years, educating medical students, nurses, physicians and psychologists in sexual medicine.

Professor Girdali has been involved in basic research on vascular and smooth muscle function in male and female sexual responses, clinical research on the pharmacological treatment of erectile dysfunction and female sexual desire and arousal disorders as well as in research on somatic disease, psychiatric problems and sexuality.

Clinically Professor Girdali works with men, women and couples with sexual dysfunctions and has worked with transgender care. Her special academic and clinical interest is disease and sexual function and dysfunction

Professor Girdali has published more than 100 papers, editorials and book chapters in the field of male and female sexual medicine. She is past Deputy Editor of the Journal of Sexual Medicine, Past President of the International Society for the Study of Women's Sexual Health and President of the International Society for Sexual Medicine.



***Dr. Arthur L. Burnett***

Arthur L. Burnett, M.D., M.B.A., F.A.C.S.

Dr. Arthur (Bud) Burnett received his A.B. degree in Biology from Princeton University and M.D. and M.B.A. degrees from Johns Hopkins University. He performed post-graduate training in general surgery, urology, and reconstructive urology and urodynamics at the Johns Hopkins Hospital. At present, he holds the position of Patrick C. Walsh Distinguished Professor of Urology. Dr. Burnett has served in multiple professional capacities with medical organizations and advisory committees. He has made academic contributions consistent with his biomedical research and clinical activities in sexual medicine, major pelvic reconstruction, and genito-urinary oncology. He has written more than 350 original peer-review articles, 70 editorial comments, 50 book chapters, and 2 books.



***Dr. Atia Attaky***

Consultant Neuropsychiatry and psychosexual medicine at El Mattaria Teaching Hospital (Egypt) and Mutmaena Psychiatry and training Center (Riyadh )and Researcher at Maastricht University, Netherlands .Dr. Attaky is considered one of a few Arabic international experts on psychosexual medicine and sexology with over 16 years of clinical and research experience. He has published more-reviewed scientific articles on sexuality in Arabian countries Dr. Attaky holds MBChB. And MSc. Neuropsychiatry from Al Azhar University (Egypt) and is considered the first Arabic neuropsychiatrist holds European fellowship in Sexual Medicine (FECSM) and European psycho Sexology certified (EPCS) and American board of Sexology Certification (ABS). Dr. Attaky Is Ambassador of the American Sexual Health Association (ASHA) And a member of European Society for Sexual Medicine (ESSM) And member International Society for Sexual Medicine (ISSM) And Member of middle east of Society for Sexual Medicine(MESSM) And Member of African Society for Sexual Medicine(ASSM).



***Dr. Ayman Al-Bakri***

Dr. Ayman M. Al-Bakri

Security forces hospital, Riyadh, Saudi Arabia

Urology and Male Reproductive Health and Andrology Consultant

Saudi and European Board of Urology

Male Reproductive Health and Andrology Fellowship from University of Toronto Canada



***Dr. Carlo Bettocchi***

Carlo Bettocchi is specialist in Urology since 1994 and nowadays he is working as Professor of Urology in the Urological Unit at Policlinico, University of Bari, Italy. He has become responsible of the Andrological Section of this Unit in January 1996. His research and clinical career has included positions in other European urological departments, such as the Academic Hospital of Maastricht, the Netherlands (1991), the Middlesex Hospital UCLH and King's College Hospital, UK (1992-1995 and 2004-2008). He is the president of the ESSM.



***Dr. Carol Riachi***

A consultant endocrinologist, Dr. Carole Saadé-Riachy received her diploma in Endocrinology & Metabolic Diseases from Saint Joseph University in Beirut, and from Claude Bernard University, Lyon, France. Recent addition is her "Diplôme d'université en Pédagogie" from Saint Joseph University. Dr. Saadé-Riachy's current activities include teaching in the Faculty of Medicine and pharmacy at Saint Joseph University.



***Dr. Gajanan Bhat***

Qualification: MCh Urology, International Diploma in Reproductive Health Management (IDIRHEM)

Affiliation: Professor and Head, Department of Urology & Sexual Medicine, KRIMS, Karwar and PG Hospital & TSS Shripad Hegde Kadave Institute of Medical Sciences, Sirsi, Karnataka, India

- Presently member of Developing Countries Committee of ISSM and Executive Council of SASSM.
- Recipient of prestigious ISSM Female Sexual Dysfunction Prize 2021 at WMSM 2021
- Received prestigious “Honorable Mention” for the best female sexual medicine papers for the year 2020 by ISSM for the research on Time to Orgasm in women.
- Authored 23 original articles in peer reviewed, indexed, National and International journals of repute
- Reviewer for reputed journals in the field of Urology and Sexual Medicine
- Chaired sessions as well as presented papers on endourology as well as on sexual dysfunction in various National and International Conferences



***Dr. Gerald Brock***

Gerald Brock

Professor Emeritus of Surgery,

Division of Urology, Western University

President-Elect International Society for Sexual Medicine



***Dr. Ghassan Alhjrss***



***Dr. Gideon Blecher***

Dr Gideon Blecher is an Australian Urologist and Andrologist. He has completed several years of post fellowship subspeciality training, at both the University College London Hospitals, and Guys' and St Thomas' NHS Trust in London UK. He completed Urological training in 2014 and is the current co-chairperson of the Young Sexual Medicine Academy (YOSEMA) and serves on committees of both the ISSM, and the ESSM. Dr Blecher has authored multiple medical book chapters and published extensively in peer-reviewed journals and continues to enjoy presenting at international educational conferences.



***Dr. Giovanni Corona***

Biosketch of Dr Giovanni Corona

Giovanni Corona works as endocrinologist and andrologist at the Endocrinology Unit of Maggiore-Bologna Hospital, Bologna, Italy. He received the MD degree at the University of Bologna and the Board in Endocrinology and the Doctor of Philosophy degree at the University of Florence. He received several prestigious awards. In 2009 received the "Excellent Award" from European Society for Sexual Medicine, and in 2013 the "Young Andrologist Award" from the International Society of Andrology. In 2015 he was quoted in the top best European 30 researchers (category "Reproductive Biomedicine" n=11) by the Lab Times ([http://labtimes.org/labtimes/ranking/20=15\\_04/index2.las-so](http://labtimes.org/labtimes/ranking/20=15_04/index2.las-so)). In 2019 he was quoted in the top 20 worldwide best best authors (n=2) on Erectile Dysfunction by the International Journal of Impotence research (doi: 10.1038/s41443-019-0161-8). In the



same year was quoted among the most influent 100,000 scientists worldwide by the Plos biology (doi 10.1371/journal.pbio.3000384). In 2020 was quoted in the top best Worldwide 20 author (category "Premature ejaculation" n=1) by the International Journal of Impotence Research (doi: 10.1038/s41443-019-0224-x). In 2021 awarded as the best Italian Endocrinologist by the Italian Society of Endocrinology (SIE)

He is co-author of more than 400 peer-reviewed manuscripts, different book chapters and invited reviews in the field of endocrinology and sexual medicine. Since 2014 is a member of the board of the Journal of Endocrinological Investigation. Since 2016 he is a member of the Editorial board of "Andrology". Since 2018 member of the Editorial board of Hormones. Since 2020 member of the Editorial board of Journal of Clinical Endocrinology and Metabolism. Since July 2010 member of the Editorial board of Journal of Sexual Medicine. From July 2010 to December 2015 nominated Associate Editor of the Journal of Sexual Medicine. Since January 2017 re-appointed as the Associate Editor of the Journal of Sexual Medicine. Since 2010 member of the European Society of Endocrinology, and Academician of the European Academy of Andrology (EAA). Since 2015 he has been appointed as the co-chair of the "Guidelines Committee" of the EAA. President of the Italian Society of Andrology and Sexual Medicine 2018-2021. Since 2018 nominated as the Chair of the scientific committee of the European Society for Sexual Medicine.



***Dr. Haitham Elbardisi***



***Dr. Hussain M Alnajjar***

He is a Consultant Urologist and Andrologist at the leading and world-renowned specialist andrology unit at University College London Hospitals (UCLH) with specialist interest and expertise in both benign andrology and genito-urethral oncology.

Hussain has won a number of awards and prizes for his achievements, including an award from The Royal Society of Medicine. Hussain has published widely in a number of high impact factor peer-reviewed medical journals and is actively involved in research in his field. He has extensively presented at national and international conferences, including being an invited speaker at international conferences. He has written numerous book chapters and has co-authored a textbook within the field of Andrology.

Hussain is a Urology tutor for the MCh (Urol) Master's degree course for the Andrology module and for UCL medical students. He is also a faculty member & examiner for the FRCS (Urol) revision course and a member of FEBU examination board.



**Dr. Jawad Feghali**

Dr Jawad Feghali MD, MSc, FECSM is a Genito Urinary surgeon; Licensed physician in Lebanon and New York. Currently practicing at Keserwan Medical Center Jounieh Lebanon; Head of the Urology Department at SZUMC and Attending Urologist at BMC, CHN, and NINI hospital Lebanon.

Trained by Leading Experts in USA (Lenox Hill Hospital; Advanced Urological Care); Europe (Heidelberg University-klinikum Heilbronn), and Asia in two subspecialties Endourology and sexual medicine; Holder of a Masters degree In Biological and Medical Science; and Fellow of the European Board of sexual medicine

Dr Feghali has performed the First Laser-MiniPCNL in Lebanon and First Dynamic contrast Enhanced ultrasound for Percutaneous Nephrolithotomy Puncture in MENA region; developed the Awake flexible Ureterorenoscopy technique, C-V GreenLight laser technique, and Gradual PCNL technique. Dr Feghali was among the first urologists in the Middle East to introduce Low Intensity Shock Wave Therapy (LISWT) for treating Erectile Dysfunction (ED). Expert in Minimal Invasive Surgical treatment for kidney stones and Prostate diseases; Expert in penile implant placement and LISWT for treating ED. Speaker in local and international medical congresses and conferences. Publisher of new ideas about LISWT for ED; and new surgical techniques for treating kidney stones and Prostate diseases.

Dr Feghali is a board member of the MESSM and an active member in multiple international societies (American Urological Association; European Association of Urology; Endourology Society; International and Middle East Society of Sexual Medicine).

Dr Feghali is eager to increase awareness in the new medical and surgical treatment and prevention for patients with kidney stones, Prostate Diseases, and Erectile Dysfunction in The Middle East.

Dr Feghali's motto: "No patient with ED and acceptable Heart Function is Untreatable"



**Dr. Kwangsung Park**

Dr. Kwangsung Park is a Professor of Urology at Chonnam National University Medical School, Gwangju, South Korea. He received his medical degree (1983) and Ph.D. (1993) at Chonnam National University and Urology Board certification in Korea. He also did a fellowship in male erectile dysfunction (1995-1997) at Boston University School of Medicine, USA. Dr. Park is currently the Secretary-General of the ISSM, Director-at-large of the ISSWSH, and EIC of the Investigative and Clinical Urology. He served as an EIC of Sexual Medicine open-access journal (2015- 2020).



***Dr. Luiz Otavio Torres***

Luiz Otavio Torres

Immediate Past President of the International Society of Sexual Medicine (ISSM)

Director of International Relations of the Brazilian Society of Urology (SBU)

Secretary General of SBU

President Elected of SBU



***Dr. Magdy Bahnasawy***

I am currently the Director of Residency Training Program Tabuk, KSA (North-West Armed Forces Hospital).

The main urologic training was achieved in Mansoura Urology & Nephrology Center which is one of the few internationally recognized centers of excellence for Urology and Nephrology being an WHO Collaborating Center.

Memberships in medical societies:

1. Egyptian Medical Syndicate.
2. Egyptian Urological Association.
3. American Urological Association (AUA).
4. European Association of Urology (EAU).
5. Egyptian Fertility and sterility Society.
6. Egyptian Society of Andrology (ESA).
7. African Society of Impotence Research.
8. Africa Gulf Society of Sexual Medicine.
9. International Society of Sexual and Impotence Research (ISSIR).
10. International Society for Sexual Medicine (ISSM).
11. Society for Study of Male Reproduction (SSMR) (branch of the AUA).
12. Egyptian Society of Lower Urinary Tract Dysfunction.
13. International Children's Continence Society (ICCS)
14. Pan Arab Continence Society (PACS)



**Dr. Maher Zabaneh**

**E./ PROFESSIONAL EXPERIENCE :**

Oct./1985-Dec./1989 :Practicing resident doctor , Department of Urology, University Medical School-Debrecen ,Hungary

Jan./1990-Jul./1991 : Urologist, later Consultant & Deputy Chief, Department of Surgery, Division of Urology, Dr. Zold Sandor Teaching Hospital, Berettyoujfalu, Hungary.

Aug./1991-Aug./1992 : Visiting Doctor , USA

Sep./1992-Sep./1993 : Consultant Urologist, Albashir Teaching Hospital, Amman, Jordan

Oct./1993-Apr./1997 : Visiting Doctor , USA

May/1997- present : Consultant Urological Surgeon, Private Clinic , Amman , Jordan

**F./ SOCIETY MEMBERSHIPS :**

Board Member and Treasurer , Middle East Society for Sexual Medicine,2011-2015

Member , International Society for Sexual Medicine

Member of the American Urological Association

Member of the European Association of Urology and Liaison Officer of EAU / ESU in Jordan

Member of the Arab Association of Urology

Member of the Association of Hungarian Urologists

Member of the Jordanian Association of Urological Surgeons / JAUS / and Member of the Executive Board for several terms

Board Member , several social and educational associations , Jordan



**Dr. Moataz Ali**

I am Dr. Moatazbellah Ali, I have been graduated from Faculty of Medicine, Ain Shams University (ASU). I ended my residency in Institute of Psychiatry, ASU with mu master degree in Neuropsychiatry. I worked as assistant lecturer in the same institution from 2015 till 2018 as I had my MD degree and became Lecturer till now

I was the director of psychosexual clinic in Ain Shams University Hospitals from 2016 till 2019

Beside my work as lecturer in ASU, I work as senior registrar in Eradah Complex for mental health, Ministry of Health, Dammam, KSA till now

I have one publication in Journal of Sexual Medicine that entitled: sexual dysfunctions in a sample of Egyptian females with obsessive compulsive disorder



## ***Dr. Mohamed Arafa***

Dr Mohamed Arafa graduated from Cairo University Medical School in 1996. After he finished his Internship in Kasr ALAini Hospital, Cairo University, he joined the Andrology Department as a resident then he joined the medical staff in the Andrology Department. He is now working as a Professor of Andrology and STDs, Cairo University. From 2004 till 2011 he worked as the Head of Andrology and STDs in Dr Fakhry and AlRajihi Hospital in AlKhobar. Since 2011 he is working as Senior Consultant Urology/Andrology and Male Infertility, Hamad General Hospital, Qatar. He is appointed as Adjunct Assistant Professor of Urology, weill Cornell medicine – Qatar. He is recently appointed as Assistant Scientist in the American Center for Reproductive Medicine, Cleveland Clinic, Cleveland, Ohio, USA. During his profession in Andrology Dr Arafa has shown great interest in Andrology and male infertility diagnosis and treatment. He has respectable experience in Andrology laboratory procedures, including routine and advanced semen analysis and sperm cryopreservation. His surgical skills extend to cover all Andrology surgeries, especially microsurgical procedures (testicular biopsy, varicocelectomy, vasoepididymostomy and vasovasostomy).

Dr Arafa is a reviewer for a number of International Journals dealing with Andrology. He was an Ordinary Director in the Middle East Society of Sexual Medicine (MESSM) Board of Directors and the Chief Editor of MESSM Newsletter. He is a fellow of the Multidisciplinary Joint Committee on Sexual Medicine in 2012.

The research activities of Dr Arafa include more than 100 published articles in international peer-reviewed journals and many book chapters. His research covers all domains of Andrology mainly genetics and proteomics of male infertility, oxidative stress in semen, sexual dysfunctions and late-onset hypogonadism.

Dr. Mohamed Arafa

Professor of Andrology, Faculty of Medicine, Cairo University, Cairo, Egypt

Sr. Consultant in Male Infertility and Andrology, Hamad Medical Corporation, Doha, Qatar

Adjunct Professor of Urology, Weill Cornell Medical College, Doha, Qatar

Assistant Scientist of the American Center for Reproductive Medicine, Cleveland Clinic, Cleveland, Ohio, USA



***Dr. Mohamed Mahdi***

Dr. Mohammed Mahdi Graduated from the faculty of medicine – Islamic university of Gaza, Palestine in 2013. He worked as teaching and research assistant at the same college, then he joined the Urology residency program at Hamad Medical corporation- Qatar in 2015. He was the chief resident of the urology residency program for the year 2019-2020 and received the Arab board of urology certification in 2021. Currently he works as andrology & male infertility fellow at Hamad Medical corporation.

Dr. Mahdi has many international publications in the field of male infertility & andrology and has participated in many regional and international conferences and currently participating in more than 10 ongoing research studies.



***Dr. Mohamed Shokr***

Resident of Andrology, sexology and STDs  
Cairo University [ 01/09/2012 – 31/08/2015 ]

I started my residency in September 2012, where I spent 6 months as a pediatric surgery resident, followed by 3

months as a general surgery resident. Then, I spent the rest of my residency in the Andrology, Sexology and STDs

department

I spent two years as an assistant lecturer in the Department of Andrology, Sexology and STDs.



***Dr. Mohammed Abdelrassoul***

Mohammed A. abdel-Rassoul, M.D., M.R.C.S, F.E.B.U.

Accomplished urologist with significant academic achievements, graduating excellent with honors from Cairo University Medical School, Master of Science then Doctor of Medicine in Urology. Member of the Royal College of Surgeons and Fellow of the European Board of Urology. Special expertise in Andrology, Reconstructive and prosthetic urology, Pediatric urology, Endourology, Renal transplantation and Urologic oncology . Currently holding the position of President of the Erectile Dysfunction section of the Egyptian Urological Association and Associate Professor at department of Urology, Cairo University, with experience in residents training, undergraduate and postgraduate teaching, clinical and basic science research. Consultant of Urology in some of Egypt's most well known private hospitals.



***Dr. Mohammed Hamdan***

Urologist

Dedicated penile prosthetic surgeon Recognized as one of the highest volume prosthetic surgeons in the Middle East

Certified trainer for both Coloplast and Rigicon

Leadership award in prosthetic urology



**Dr. Mona Reda**

Mona Reda. MD

Professor of psychiatry Ain Shams university.

Holder of neuroscience master degree and PhD in psychiatry, spend 20 years in the field of mental health service. Supervised, conducted and published several scientific papers, Mona is a member of the ISSM, MESSM, ESSMS. Her interest with human sexuality started over 15 years ago when she realized that most relationship problems originate from sexual health problems. Trained as sexual health physician in the European Society for Sexual Medicine and received more than 120 hours of training on how to interview, investigate and manage variable presentations of sexual dysfunction. In addition to maintaining local private practices in Cairo, she has been active in the academic field as university professor in research and clinical supervision, as well as media commentator and public speaker. Mona has a vast experience in the field of evaluating and managing relationship and communication problems.

Dr. Reda worked in an international pharmaceutical 1997-2008 where she obtained experience in organizational structure and environment then she developed the connect program for organizational efficient communication and productivity.

Dr. Reda has worked with the press and media to educate the public on most sensitive topics such as human sexuality. She created, produced and hosted a private Online program named el sara7a ra7a that was aired on YouTube channel on sexual health and relationship issues reach over a million viewers across the region.

Dr. Reda authored “7ekaia wera kol bab” a book in story telling way demonstrating different sexual issues that may erupt in families and couples relations with a scientific cultural adapted tips on how to manage.

Mona is board member:

- Member of the International Society for Sexual Medicine.
- Member of the Middle East Society for Sexual Medicine.
- Founder and Board member of Egyptian Society for Sexual Medicine and Surgeries.



***Dr. Murad bani hani***



***Dr. Ons Kaabia***

Non reproductive sexuality : The impact of contraception on the couple's sexuality and marital adjustments

Ons Kaabia MD

Associate professor in Gynecology and Obstetrics at the University of Sousse

Clinical Sexologist at Farhat Hached Teaching Hospital Tunisia

General Secretary of the Tunisian Society of Clinical Sexology



***Dr. Osama Shaeer***

#### SCIENTIFIC DEGREES

1- PhD, University of Amsterdam

2-MD Andrology, Kasr El Aini Faculty of Medicine, Cairo University, Egypt, 2004

3-Diploma General Surgery, Kasr El Aini Faculty of Medicine, Cairo University, Egypt, 2002

4-MSc Dermatology and Venereology, Kasr El Aini Faculty of Medicine, Cairo University, Egypt, 2000

5-MBBCh Medicine, Kasr El Aini Faculty of Medicine, Cairo University, Egypt, 1995

6-Diploma in Health Care Management, The American University of Cairo

7- Diploma in Total Quality Management in Health Care, The American University of Cairo

#### EMPLOYMENT

- Professor of Andrology, Faculty of Medicine, Cairo University, Egypt: Nov 2014 till today
- Assistant Professor of Andrology, Faculty of Medicine, Cairo University, Egypt: Jan 2010 till Nov 2014
- Lecturer of Andrology, Faculty of Medicine, Cairo University, Egypt: September 2004 till Jan 2010
- Assistant Lecturer of Andrology, Faculty of Medicine, Cairo University, Egypt: 2001-2004
- Resident of Andrology, Faculty of Medicine, Cairo University, Egypt: 1997-2000
- House Officer, Faculty of Medicine, Cairo University, Egypt: 1996-1997
- Consultant Andrologist / Embryologist at Kamal Shaeer Hospital, 2000 till today



***Dr. Rami Azab***



***Dr. Sandrine Atallah***

Sandrine Atallah, MD, MHM, FECSM, ECPS is a consultant in sexual medicine and a certified psycho-sexologist.

She graduated as a Medical Doctor from the Saint Joseph medical Faculty (2004). She then obtained her degree in clinical sexology from René Descartes University, Paris V, Faculty of Medicine (2007), and her degree in Medical Hypnosis from Pierre and Marie Curie University, Paris VI, Faculty of Medicine (2005). She has also qualified as a Fellow of the European Committee of Sexual Medicine (2014). She is a EFS & ESSM Certified Psycho-Sexologist (2016).

She has additionally a Master in Health and Hospital Management from the ESA (Ecole Supérieure des Affaires) and Paris-Diderot (Paris VII) University (2013).

Along with her private medical practice in sexual medicine in Beirut at La Clinique du Levant and at AUBMC (WISH program), she teaches Human Sexuality at several Lebanese universities (Saint Joseph medical Faculty in Beirut and the Lebanese American University)

Secretary general of the MESSM (Middle East Society of Sexual Medicine: <http://www.messm.org/site/>), she was its treasurer (2017-2019) and the chairman of its Public Awareness Committee (2011-2017).

Member at large of the ISSM (International Society for Sexual Medicine), she is also the chair of the ISSM Communication Committee. She is a board member of the Société Francophone de Médecine Sexuelle (SFMS). She was the social media coeditor of the Journal of Sexual Medicine (2014-2020).

Actively working on promoting sexual health in the Middle East, she has participated in the development of the MESSM public information website (<http://www.yoursexualhealth.messm.org>). She was as well the social media editor of the MESSM and its public website (2011-2018).

She is a regular guest/speaker at local and international conferences and seminars related to sexual medicine, sexual health and sexual awareness.



## *Dr. Sara Nasserzadeh*

Dr. Sara Nasserzadeh is a Registered Supervisor and Senior accredited member of the College of Sex and Relationship Therapists (COSRT) in England and a Certified Sexuality Counselor and Approved Training Provider by the American Association for Sexuality Educators, Counselors and Therapists (AASECT). Dr. Nasserzadeh is a senior cultural and technical advisor to the United Nations. She is globally known for her contributions to the field of sexual and reproductive health and relationships at the clinical as well as policy and educational levels.

Dr. Nasserzadeh is a prolific and award-winning author with three books in English- *Orgasm Answer Guide*, *Sexual Health Needs and Preferences of Young People* and *Wheel of Context for Sexuality Education*- 6 edited books –My doctor- in Farsi, several book chapters, and a multitude of peer-reviewed articles and white papers to her credit.

In 2014 Dr. Nasserzadeh created a program titled: *The Holistic, Assessment and Therapies model (H.A.T.)* which is a holistic model for the assessment, diagnosis, management and treatment of sexual problems. Her approach is highly informed by sociocultural lens and her experiences of working across 41 countries.

Dr. Nasserzadeh recognizes the power of media as an impactful means to deliver information to all sectors of the society. “Dr. Sara” has been featured in major outlets such as BBC, ABC, Aljazeera, Hurryat, Salamat, CNN, NPR, goop and Shaw TV. She was named one of the Best Love Doctors by *Harper’s Bazaar*, and one of the Women in the Know by *Daily Mirror*. *DatingAdvice.com* named her one of the 10 Best Sex and Dating Experts. She remains very active and engaged across social media. Combining her expertise as a former journalist and her clinical expertise, “Dr. Sara” created and hosted a program called *Whispers* for the BBC World Service in 2006. *Whispers* is dedicated to bringing evidence-based information on sexuality and relationship issues to the public. “*Whispers*” is the first of its kind in the Middle East, and is still on the air, continuing to reach millions of Farsi-speaking viewers across the globe beyond any government-imposed censorship. In 2007 *Whispers* received the BBC’s Innovation of the Year Award in London.

Dr. Nasserzadeh serves on the boards of various professional organizations. She is currently serving at the Advisory Board of the World Association for Sexual Health for her 17th year. In the past two decades she has served AASECT in various positions including regional representative, international outreach committee chair, chair of the Awards Committee and Board member. She Co-Chairs the annual World Sexual Health Day event at Stanford University and has been recently elected to chair the Division VII (Diversity and Social Justice) at the California Psychological Association (CPA). She also serves on the Board of Religion and Sexual & Reproductive Health Rights Task Force of the United Nations Population Fund (UNFPA). In March 2018, she was honored by the British Council as a UK Alumni Award finalist in the category of Social Impact in Washington DC. This award is the most prestigious in the category of Education offered by The British Council annually. Her most recent contribution to the field was the creation of a validated Inventory for the holistic assessment of a coupledom called *Relationship Panoramic Inventory*. This is the first validated Inventory for couples that is inclusive of various gender, sexual and relationship orientations. Her practice is in Beverly Hills, California while her services remain global. She is honored to be the recipient of AASECT Professional Standard of Excellence Award, 2021.



**Dr. Sheereen metwaly**

استشاري صحة المرأة والتأهيل الجنسي وتأهيل الحوض للعلاج الطبيعي والتغذية وعلاج السمنة - استاذ -  
الإدارة والجودة بالقطاع الطبي بالجامعة الأمريكية بالقاهرة



**Dr. Thamer Alqurashi**

Thamer Mishal Alqurashi

Citizenship: Saudi

Qualification : MBBS (2021), medical intern

College of Medicine, Umm Al Qura University, Makkah, Saudi Arabia

Publication :

The Effect of Cigarette Smoking on Semen Parameters among Young Saudi Population,  
British Journal of Medical and Health Research, published in 2020



***Dr. Wafaa Altantawy***

Dr Wafaa Eltantawy is a Consultant in Sexual and Reproductive health with special interest in Sexual Medicine, Complex Contraception, Women's & Men's health and Sexual Medicine. She is a Fellow of the Faculty of Sexual & Reproductive Healthcare, Royal College of Obstetricians and Gynaecologists. She is a COSRT Accredited Psychosexual and Relationship Therapist and Sex Addiction Therapist. She is also the Treasurer of the MESSM, member of ISSM, ESSM, BSSM & ATSAC. Dr Wafaa Eltantawy is the lead for the Psychosexual clinic in Lewisham and Greenwich NHS Trust, London, UK.

Dr Wafaa is based in London, UK and has also a clinic in Egypt. She works with clients from different backgrounds and cultures, in the Middle East and around the world.



***Dr. Yaman Altal***

Dr Yaman el tal

14 years experience in the UK NHS British board of Urology

European Board of Sexual medicine

Fellowship in Urological cancer and minimally invasive surgery from Imperial college NHS (London)

Fellowship in Robotic Surgery from Guy's and St Thomas' NHS (London)

Fellowship in sexual medicine and Andrology from European society of sexual medicine



# MAIN TOPICS

- *Female Sexual Dysfunction (FSD)*
- *Erectile Dysfunction (ED) non-surgical including hypogonadism*
- *Desire, ejaculation & orgasm*
- *Peyronie's, priapism & surg*



# SCIENTIFIC PROGRAM



## 6<sup>th</sup> MESSM Biennial Meeting – Jordan (7-8 January 2022)

### Timeframe

### Sexual Medicine Comprehensively Addressed

Friday 07 January, 2022 – Full Day		
7:00 – 9:00	Registration	
Video session		
9:00 – 10:00	<b>Moderator:</b> 1-Dr. Mohammed Alsoub( Jordan) 2-Dr. Ahmad Shamsodini (Qatar)	
TIME	TOPIC	SPEKER
9:00 – 9:07	Proximal decompression for ischemic priapism	Dr. Abdel Rahman Zahran (Egypt)
9:07 - 9:10	Discussion	
9:10 – 9:17	No Touch modified ectopic reservoir placement	Dr. Mohammed Hamdan (Jordan)
9:17 – 9:20	Discussion	
9:20 – 9:27	The Eight-dot extended corporotomy: A simple step towards an accurate, easy and time-efficient semirigid penile prosthesis implantation	Dr. Ahmed Ragheb (Egypt)
9:27 – 9:30	Discussion	
9:30 – 9:37	Transcorporal Peyronie’s plaque surgery and implantation	Dr. Osama Shaeer (Egypt)
9:37 – 9:40	Discussion	
9:40 – 9:47	Use of Tachosil in Peyronie’s surgery	Dr. Ahmad Shamsodini (Qatar)
9:47 – 9:50	Discussion	
9:50 – 9:57	Reservoir migration and surgical repair	Dr. Mohamed Mahdi (Qatar)
9:57– 10:00	Discussion	



<b>10:00 – 10:30</b>	Opening Ceremony 1-The Middle East Society for Sexual Medicine (MESSM President) <b>Dr. Talal Merdad (KSA)</b> 2-The Jordanian Association of Urological Surgeons (JAUS President) <b>Dr. Rami Al Azab (Jordan)</b>	
<b>Master lecture</b>		
<b>10:20 – 11:30</b>	<b>Moderator:</b> 1-Dr. Talal Merdad (KSA) 2-Dr. Amr El Meliegy (Egypt)	
<b>TIME</b>	<b>TOPIC</b>	<b>SPEKER</b>
<b>10:20 – 10:40</b>	<b>Covid 19 impact on sexual health</b>	<b>Dr. Abdulaziz Baazeem (KSA)</b>
<b>10:40 – 10:45</b>	Discussion	
<b>10:45 – 11:20</b>	<b>Future treatments for ED</b>	<b>Dr. Gerald Brock (Canada)</b>
<b>11:20 – 11:30</b>	Discussion	
<b>11:30 – 13:00</b>	Friday Prayer/lunch	
<b>ED non-surgical including hypogonadism</b>		
<b>13:00 – 14:00</b>	<b>Moderator:</b> 1-Dr. Mohamed Abdelfatah Farag. (Egypt) 2-Dr. Abdulqadir Alzarooni (UAE)	
<b>TIME</b>	<b>TOPIC</b>	<b>SPEKER</b>
<b>13:00 – 13:10</b>	<b>Updates in management of functional hypogonadism</b>	<b>Dr. Giovanni Corona (Italy)</b>
<b>13:10 – 13:20</b>	<b>Shock wave therapy effectiveness and the best protocol</b>	<b>Dr. Jawad Feghaly (Lebanon)</b>
<b>13:20 – 13:30</b>	<b>PRP and stem cells does it work</b>	<b>Dr. Yaman Altal (Jordan)</b>



13:30 – 13:40	Phytotherapy and supplements in sexual medicine. What the evidence?	Dr. Ahmad Majzoub (Qatar )
13:40 – 13:50	When to request a Doppler for an ED case	Dr. Mohamed Arafa (Egypt)
13:50 – 14:00	Discussion	
14:00 – 14 :50	<b>Sponsor Symposiums</b> <b>Moderator:</b> 1- Dr. Ahmad Ragheb (Egypt) 2- Dr. Mohammed Qaza (Jordan)	
TIME	TOPIC	SPEKER
14:00 – 14 :15	the latest updates on the management of M0 castrate resistance Prostate Cancer. 	Dr. Rami Ghanem ( Jordan )
14:15 – 14:30	Management of Obesity 	Dr. Carol Riachy ( Lebanon )
14:30 – 14:40	Hands on experience with RigiCon devices and disposable tools 	Dr. Mohammad Hamdan (Jordan)
14:40 – 14:50	Modified malleable prosthesis with a fixed mesh ( The Ghattas Technique) 	Dr. Osama Ghattas ( Egypt )
14:50 – 15:00	Coffee/Tea Break	
15:00 – 16:15	<b>ISSM Session</b> <b>Moderator:</b> 1- Dr. Annamaria Giraldi (Denmark) 2- Dr. Ahmed Alssaka (Egypt)	
TIME	TOPIC	SPEKER
15:00 – 15:15	Female hypoactive sexual desire	Dr. Annamaria Giraldi (Denmark)
15:15– 15:30	invasive therapies in the context of the recent AUA ejaculation guidelines	Dr. Alan Shindel (USA)



15:30– 15:45	Medical treatment of Peyronie’s disease: Clinical principles and expert opinions’	Dr. Kwangsung Park ( South Korea)
15:45 – 16:00	“Penile Augmentation: Safe or Sorry?”	Dr. Arthur Burnett ( USA)
16:00 – 16:15	Testosterone and prostate cancer	Dr. Luiz Otavio Torres (Brazil )
16:15 – 16:35	Discussion	
16:35 – 18:00	<b>MESSM Business Meeting / General Assembly</b>	

Saturday 08 January, 2022 – Full Day		
8:30 – 9:00	Welcome and coffee	
9:00 – 10:00	Desire, ejaculation & orgasm <b>Moderator:</b> 1- Dr. Attia Ataky (Egypt) 2- Dr. Tariq Alhajawi (Jordan)	
TIME	TOPIC	SPEKER
9:00 – 9:10	Relationship Panoramic Inventory for the holistic assessment of a coupledom	Dr. Sara Nasserzada ( USA)
9:10 – 9:20	Current and future therapy for premature ejaculation	Dr. Ayman Al-Bakri (KSA)
9:20 – 9:30	Management of delayed ejaculation	Dr. Amr El Meliegy (Egypt)
9:30 – 9:40	How to manage depression with hypoactive sexual desire disorder	Dr. Mona Reda (Egypt)
9:40 – 9:50	Evaluation and management of male hypoactive sexual desire disorder.	Dr. Sandrine Atallah ( Lebanon)
9:50 – 10:00	Discussion	



10:00 – 11:00	Poster Presentation <b>Moderator:</b> 1- Dr. Abdulaziz Baazeem (KSA) 2- Dr. Mona Reda (Egypt)	
TIME	TOPIC	SPEKER
10:00 – 10:05	Development and Validation of Arabic Version of the Female Sexual Distress Scale-Revised	Dr. Atia Attaky (Egypt)
10:05 – 10:10	The Effect of Cigarette Smoking on Semen Parameters Among Young Saudi Population	Dr. Thamer Alqurashi (KSA)
10:10 – 10:15	Impact of COVID-19 Lockdown on Female Sexual Frequency and Satisfaction in Egypt: A cross-sectional study	Dr. Moataz Ali (Egypt)
10:15 – 10:20	Effect of Girth Supersizing on Patient Satisfaction After Semi-Rigid Penile Implant Insertion: A Prospective Case Control Study	Dr. Mohamed Shokr ( Egypt)
10:20 – 10:25	Male sexual dysfunction during the COVID-19 Pandemic	Dr. Magdy Bahnasawy (Egypt)
10:25– 10:30	Perception of testicular cancer and self-examination in the general population of Saudi Arabia	Dr. Ghassan Alhjrss (KSA)
10:30 – 11:35	Vaginismus as a cause of Unconsummated marriage in the Middle East.Magnitude and treatment options	Dr. Abdel-Maguid Ramzy ( Egypt )
10:35 – 10:40	Evaluation of the sensitivity of different doses of vasoactive drugs in diagnosing erectile dysfunction in impotent patients: a prospective case-control study	Dr. Ahmad Tarek Motawi ( Egypt )
10:40 – 10:45	“ Intracavernous Prostaglandin injection can predict the number of LISWT sessions needed for ED patients and evaluate the effectiveness of the treatment “	Dr. Jawad Feghali (Lebanon )



10:45 – 11:00	Discussion	
11:00 – 11:15	Coffee/Tea Break	
11:15 – 12:15	<b>Female Sexual Dysfunction (FSD)</b> <b>Moderator:</b> 1-Dr. Abdel-Maguid Ramzy (Egypt) 2-Dr. Rana Khaled (Lebanon)	
<b>TIME</b>	<b>TOPIC</b>	<b>SPEKER</b>
11:15 – 11:25	Surgical management of FGM	Dr. Amr Seifeldin (Egypt)
11:25 – 11:45	Androgens for Women: Where Are We and How Do We Do?	Dr. Annamaria Giraldi (Denmark)
11:45 – 11:55	Women's health physical program for vaginismus	Dr. Shereen Metwally (Egypt)
11:55 – 12:05	PGAD: Where are we now?	Dr. Wafaa Eltantawy (UK)
12:05 – 12:15	Discussion	
12:15 – 13:15	Lunch	
13:15 – 14:15	<b>Peyronie's, priapism &amp; surgery</b> <b>Moderator:</b> 1- Dr. Mohamed Arafa (Egypt) 2- Dr. Emad Rajih (KSA)	
13:15 – 13:25	Role of surgery in priapism	Dr. Mohammed Abdel-Rassoul (Egypt)
13:25 – 13:35	Peyronie's disease: does mechanical therapy replace surgery?	Dr. Maher Zabaneh ( Jordan)
13:35– 13:45	Intraoperative complications of penile prosthesis and how to deal with them	Dr. Hussain M Alnajjar ( UK )



13:45 – 13:55	ED after urethral surgery and how to avoid It.	Dr. Haitham Elbardisi ( Qatar)
13:55 – 14:05	Penile girth enlargement strategies. What is the evidence?	Dr. Amr Abdel Raheem ( Egypt )
14:05 – 14:15	Discussion	
14:15 – 15:15	<b>MESSM affiliated societies</b> <b>Moderator:</b> 1- Dr. Meriem Mahbouli (Tunis) 2- Dr. Yaman Altal (Jordan)	
<b>TIME</b>	<b>TOPIC</b>	<b>SPEKER</b>
14:15 – 14:25	Penile calciphylaxis	Dr. Murad bani Hani (Jordan)
14:25 – 14:35	Predictors of cavernography outcome: suggested paradigm	Dr Rami Al Azab (Jordan)
14:35 – 14:45	Non reproductive sexuality: The impact of contraception on the couple’s sexuality and marital ajustements”	Dr. Ons KAABIA (Tunis)
14:45 – 14:55	Evaluation and management of unconsummated marriages in Tunisia	Dr. Ahlem MTIRAQUI (Tunis)
14:55 – 15:15	Discussion	
15:15 – 15:30	Coffee/Tea Break	
15:30 – 16:40	<b>ISSM affiliated societies</b> <b>Moderator:</b> 1- Dr. Mohammad Shamsul Ahsan (Bangladesh) 2- Dr. Ege Can Serefoglu (Turkey)	
<b>TIME</b>	<b>TOPIC</b>	<b>SPEKER</b>
15:30 – 15:40	APSSM “Surgical options and outcomes following buried penis repair”	Dr. Gideon Blecher ( Australia )



15:40 – 15:50	ESSM Penile implant : what has been changed?	Dr. Carlo Bettocchi ( Italy )
15:50 – 16:00	SASSM Body dysmorphic disorders in men and women management	Dr. Gajanan Bhat ( India )
16:00 – 16:10	SLAMS Measures to prevent penile prosthetic infection.	Dr. Alejandro Carvajal (Colombia)
16:10 – 16:20	SMSNA New Medical Management Paradigm for Recurrent Ischemic Priapism	Dr. Arthur L. Burnett ( USA)
16:20 – 16:40	Discussion	
16:40 – 17:00	Closing ceremony	



# WORKSHOP PROGRAM

## Al- Abdali Hospital

Time	Subject	Speaker
8:00AM - 8:45 AM	<b>Registration</b>	
8:45AM - 9:00 AM	Welcome President MESSM President JAUS	Talal Merdad (KSA) Rami AlAzab (Jordan)
9:00 AM - 9:20 AM	Choosing the right person for penile implant <b>Moderator:</b> Maher Zabaneh (Jordan)	Yaman Altal (Jordan)
9:20 AM - 9:40 AM	ROUND TABLE with the ISSM President (Psychiatrist; Gynecologist; Family Doctor; Urologist) Annamaria Giraldo (Denmark)  How to counsel the couple before penile prosthesis? Clinical Case: Meriam Mahbouli (Tunis)	Nesrin Al Dabbas (Jordan) Wafaa El Tantawy (UK) Marwan Alsafadi (KSA) Zeid Abu Ghoush (Jordan)
9:40AM - 10:00 AM	What should you know about penile implant? <b>Moderator:</b> Zaid Abu Ghoush (Jordan)	Jawad Feghali (Lebanon)
10:00 AM - 10:15AM	Preoperative preparations and antibiotic prophylaxis <b>Moderator:</b> Ahmad Shamsodini (Qatar)	Faisal Alhajeri (Kuwait)
10:15 AM - 10:40 AM	<b>COFFEE BREAK</b>	
10:40 AM - 12:40 PM	LIVE & Semi-Live SURGERIES with the ESSM President  Step by step MPP Step by step IPP  <b>Moderators:</b> Rami AlAzab (Jordan) Jawad Feghali (Lebanon)	Carlo Bettocchi (Italy)  Mohammad Hamdan (Jordan) Yaman Altal (Jordan)



12:40 PM -2:00 PM		<b>LUNCH</b>	
2:00PM - 2:20 PM	Penile Prosthesis in the Middle East <b>Moderator:</b> Ahmed Abou Taleb (Egypt)	Emad Rajih (KSA)	
2:20 PM - 2:40 PM	Special Situations: -Peyronie disease & ED -Sphincter deficiency & ED -Ischaemic Priapism <b>Moderator:</b> Amr El Meliegy (Egypt)	Arthur Burnett (USA)	
2:40 PM – 3:00 PM	Intraoperative trouble shooting <b>Moderator:</b> Abdulqadir Al Zarooni (UAE)	Carlo Bettocchi (Italy)	
3:00 PM – 3:20 PM	Post-operative complications <b>Moderator:</b> Abdulqadir Al Zarooni (UAE)	Carlo Bettocchi (Italy)	
3:20 PM – 3:40 PM	Reservoir placement Space of Retzius Vs High Submuscular <b>Moderator:</b> Naif Alhathal (KSA)	Mohammad Hamdan (Jordan)	
3:40 PM – 4:00 PM	Q/A Open Discussion Closing remarks	Talal Merdad (KSA) Rami AlAzab (Jordan)	

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**Due to the limited availability of seats, early registration is required.**

**For registration, please send your information:  
(Title, Name, your specialty, and your email) via**



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[contact@eventscons.com](mailto:contact@eventscons.com)



# ABSTRACTS



## Abstracts

### *Ahlem Mtiraoui*

Evaluation and management of unconsummated marriages in Tunisia

Ahlem Mtiraoui, Marwa Dhouibi, Zeineb Bouzaabia, Yousri El Kissi

(1) Tunisian Society of Clinical Sexology

(2) Department of Psychiatry, Farhat Hached Hospital, Faculty of Medicine of Sousse, University of Sousse, Research Laboratory LR12ES04, Sousse, Tunisia

Introduction and objectives

In Tunisia, as an Arab-Muslim country, the wedding ceremony is the social and legal framework for physical intimacy. Pressure is made on newlyweds to consume marriage on the wedding night or during the succeeding few days, with serious consequences when failing to perform sexual intercourse.

#### Methods

We carried out a descriptive study in the outpatient clinic of sexology of Farhat Hached University Hospital, Sousse, Tunisia. All patients with UCM were recruited. Socio-demographic and clinical characteristics were recorded. Sexual history assessment included educational, familial and religious background of both partners. Sexual orientation, gender identity and sexual behavior were investigated.

#### Results

During the study period, 229 couples complaining of UCM were recruited. The UCM represented 42.72% among all patients attending the sexology clinic. The mean age was  $29.8 \pm 5.0$  years for women and  $34.0 \pm 5.0$  for men. Among them, 63.15% had a high school degree. The mean time to seek professional medical help after the wedding was  $12 \pm 5$  months (7 days to 11 years). Reasons for seeking help were respectively wishing to consume the marriage for social conveniences (50.3%), seeking sexual satisfaction (42.4%), desire to build of family (22.7%). Vaginismus was observed in 151 women (65%), erectile dysfunction in 82 of men (35%) and premature ejaculation in 25 cases (10.9%). None of the participants received sexual education and nobody had received information about sexuality during the prenuptial visit which was done properly in 60% of couples.

#### Conclusion and recommendations

The results of our study pointed out the high prevalence of UCM among couples seeking medical help in sexology clinic. Consultations for an UCM were often characterized by an urgent request, under pressure from families. Although comprehensive sexuality education is the gold standard preventive strategy, it is still that prenuptial visits could be an opportunity to deliver educational messages to the spouses.

#### Keywords

Unconsummated marriage, sexual dysfunction, sex education, prenuptial visit



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## Abstracts

### *Ahmad Majzoub*

Phytotherapy and supplements in sexual Medicine What is the evidence ?

Erectile dysfunction is a common clinical condition affecting around 50% of men between the ages of 40 and 70 years. Various treatment modalities are available in the Andrologists armamentarium to aid in alleviating patient symptoms. Phytotherapy and herbal medicine is the use of plants to treat disease and enhance general health and wellbeing. Several herbal supplements have been used to treat men with erectile dysfunction with variable efficacy.

This presentation provides a general overview of the epidemiology, risk factors and pathophysiology of erectile dysfunction. It then focuses on the most common herbal supplements that are used in the treatment of this sexual dysfunction. The mechanism of action of each compound along with the published evidence reporting its efficacy in treatment of erectile dysfunction is reviewed.



## Abstracts

### *Ahmad Motawi*

#### **Evaluation of the sensitivity of different doses of vasoactive drugs in diagnosing erectile dysfunction in impotent patients: a prospective case-control study**

**Introduction** Erectile dysfunction (ED) is one of the most common sexual disorders worldwide affecting about 30 million men in the United States, and an estimated 100 million men worldwide. Penile duplex doppler ultrasound (PDDU) is performed using an intracavernosal injection (ICI) of a vasoactive agent to demonstrate both arterial insufficiency and veno-occlusive dysfunction. This article aims to evaluate the sensitivity of different doses of different vasoactive agents used to diagnose ED in impotent patients.

**Material and methods** This study recruited 90 subjects with ED and 100 healthy subjects as controls. All of the subjects were assessed using the International Index of Erectile Function score (IIEF-5) while degree of erection was assessed by the Erection Hardness Score (EHS). Two penile duplex tests were done for each candidate two weeks apart.

**Results** None of the sample population achieved a normal clinical response (EHS >2) to 10 ug PGE1. In contrast, 60 controls (60%) had a normal response (EHS >2) to 10 ug PGE1. This difference in response between the sample and control populations to 10 ug PGE1 was of high statistical significance 11 ( $p < 0.001$ ). In contrast, 54 (60%) out of the 90 cases had normal clinical response (EHS >2) to 0.25cc Trimix (everywhere). Interestingly, 96 controls (96%) demonstrated normal response (EHS >2) to 0.25cc Trimix. This difference in response between the sample and control populations to 0.25 cc Trimix was also of high statistical significance ( $p < 0.001$ ).

**Conclusions** Our study demonstrated a statistically significant association between the response to Trimix over PGE1 and peak systolic velocity (PSV) and end diastolic velocity (EDV). Thus, we conclude that 0.25 cc Trimix is more sensitive than 20 ug PGE1 in diagnosing ED for impotent patients and also provides a more potent response.



## Abstracts

### *Alan Shindel*

Management of Premature Ejaculation: Update on current guidelines and potential role of invasive therapy

The 2020 AUA/SMSNA Guideline on Disorders of Ejaculation is the most up-to-date and evidenced based guidance on management of these troublesome conditions. Premature Ejaculation is common and in many parts of the world there is no treatment that is formally approved for “on-label” use. Many patients are also resistant to the notion of chronic and/or on-demand therapy. For this reason, there has been interest in invasive treatment with permanent curative intent for premature ejaculation. In this presentation we will review the current AUA/SMSNA guidelines and detail the evidence supporting invasive therapies; we conclude that while there is promise additional studies are required before such techniques should be seen as a standard of care.

## Abstracts

### *Alejandro Carvajal*

Infection of the prosthetic implants is one of the worst complications in sexual medicine. The emotional and physical cost of losing a penile implant causes enormous consequences to the patient and also produces significant economic costs to the health system. All measures to avoid this scenario are of vital importance, and must be taken into account to improve the results of a treatment option that continues to be considered in all severe erectile dysfunction treatment guidelines. In the conference, aspects will be mentioned before, during and after the surgical act to reduce the possibility of infection and improve the results and satisfaction of our patients.



## Abstracts

### *Amr El-Meliegy*

#### **Management of delayed ejaculation**

Delayed ejaculation and orgasm represents an annoying sexual dysfunction to 1-4% of males. Unfortunately its causes are poorly understood and strategies for management are not agreed upon. This talk will try to summarize what the literature says about this sexual dysfunction

## Abstracts

### *Amr Raheem*

Penile Girth Enlargement Strategies. What is the evidence?

#### **Dr Amr Abdel Raheem**

MB BCh, DipSurg, MSc, PhD

Fellow of the European Committee of Sexual Medicine (FECSM)

Fellow of the European Academy of Andrology (FEAA)

Fellow of the American College of Surgeons (FACS)

#### **Consultant Andrologist**

Hon Senior Lecturer University College London

Associate Professor in Andrology, Cairo University Hospital

Penile size dissatisfaction is becoming a more prevalent problem amongst men of different age groups, races and cultures. This lecture looks at the different strategies to address this ever-growing problem.



## Abstracts

### *Amr Seifeldin*

Surgical management of Female Genital Mutilation

**Amr Seifeldin, MD**

**Background:** Female Genital Mutilation (FGM/C), is a cultural tradition widely practiced in Africa and other Parts of the world. It causes serious complications on the physical and psycho-sexual levels. Increased global awareness, of FGM and recent sexual health trends, has necessitated a need for restorative procedures to treat the ill effects of FGM, yet few doctors are trained in genital cosmetic & reconstructive surgery.

**Method:** 267 patients were selected with female genital mutilation Type II and Type III, age was between 18 and 39 years. Patients answered a female sexual function index (FSFI) questionnaire on admission, noting their sexual characteristics, and pain level. They were then evaluated by a psychologist and attended sexual education sessions, lastly a comprehensive gynecology genital examination diagnosed the extent of genital damage (clitoral sensitivity & aesthetic appearance). A combined decision by all medical care providers, revealed whether to continue with psychotherapy, introduce non-surgical therapies or refer to reconstructive surgery. Patients were asked to come back every 3 months for a one-year follow up.

**Results:** A multidisciplinary approach for treating FGM complications, including psycho-sexual evaluation and care, non-surgical therapies and genital reconstructive procedures have shown promising results. Genital reconstructive surgery after female genital mutilation provided marked improvement in patient's psycho-sexual behavior and mood noted by an increase in confidence, self-esteem, and feminine body image identity. We also noted improvement in sexual desire, arousal, lubrication and satisfaction, with better clitoral sensitivity, orgasmic intensity, and pain reduction.

**Conclusion:** Better education of girls, awareness, support and raising the socio-economic status of practicing communities are important steps in lowering FGM rates globally. A multidisciplinary approach for treating FGM complications should be offered and made available to all FGM victims who consult gynecology clinics in hospitals. The training of more doctors in non-surgical therapies and genital cosmetic and reconstructive surgical techniques should also be encouraged.

**Keywords:** Female Genital Mutilation, Genital Reconstructive Surgery, Multidisciplinary Approach



## Abstracts

### *Annamaria Giraldi*

Androgens for Women: Where Are We and How Do We Do?

The lecture will provide:

An overview about the knowledge we have on the role of androgens in sexual desire in women

What evidence we have for the use of androgens in the treatment of Hypoactive Sexual Desire Disorder (HSDD) in pre- and post- menopausal women

A proposal for a clinical guideline for the use of androgens for HSDD.

## Abstracts

### *Arthur L. Burnett*

Penile Augmentation: Safe or Sorry?

Penile augmentation has been a topic of high interest in the field of reconstructive urology and andrology for many years. The term refers to a host of interventions designed to create or restore a functional male sexual organ in the face of anatomical deformities or tissue deficiency. They may accomplish penile lengthening or girth enhancement objectives, in principle, and describe a host of approaches to include external traction devices, injections of bulking agents, flaps and grafting procedures, and surgical implants and local reconstructive techniques. The field has been controversial, owing to uncertainty in assigning proper indications and reconciling significant potential treatment complications, which include infection, deformity, tissue loss, sensory loss, erectile dysfunction and patient dissatisfaction. Ongoing study is needed to evaluate the efficacy and safety of penile augmentation procedures and define their risks and outcomes.



## Abstracts

### *Atia Attacky*

#### **Development and Validation of Arabic Version of the Female Sexual Distress Scale-Revised**

##### **Objective**

The Female Sexual Distress Scale-Revised (FSDS-R) was developed, extensively validated globally; none has demonstrated sufficient validity and reliability for use in Arabic populations, particularly women. This study aimed to assess the psychometric Properties of the Female Sexual Distress Scale-Revised (FSDS-R) in the Arabic version and to estimate the optimal cutoff score that corresponds best to the clinical diagnosis of sexual dysfunction.

##### **Methods**

The Arabic version of the Female Sexual Distress Scale-Revised (FSDS-R) was generated by two independent professional English-to-Arabic translators. The translated version of the FSDS-R was reverse translated by two bilingual translators whose native language was English. Women with female sexual interest and arousal disorder ( $n = 100$ ) and those with no symptoms ( $n = 100$ ) were included in the present study. Correlation analysis conducted between the FSDS-R total score, the Female Sexual Function Index subscale, and total score was examined for convergent validity.

##### **Results**

Construct validity was established via confirmatory factor analysis; Item-total score correlations ranged .78–.92; item-subscale score correlations ranged .58–.88; and subscale-total score correlations ranged .58–.92. Item factor loadings ranged .73–.91. Statistically significant correlations were found between each of these results ( $p < .001$ ). Cronbach's alpha was .82 for the complete scale and ranged .78–.92 for subscales. Test–retest reliability over a 2-week period was estimated using intraclass correlation coefficients (ICCs). The test–retest reliability analysis yielded no significant difference ( $p < .05$ ).

##### **Conclusion**

The Arabic version of the Female Sexual Distress Scale-Revised (Ar- FSDS-R) is a valid and reliable instrument that can be used to evaluate the sexual distress of Arabic-speaking women with different sexual problems. The score of  $\geq 12$  was proposed as a cutoff to detect the presence of sexually related personal distress in Arabic women with FSD



## Abstracts

### *Ayman Al-Bakri*

#### **Current and future therapy for premature ejaculation**

It is not uncommon to see patients with premature ejaculation, and to treat those patients understanding the types and the pathophysiology of premature ejaculation will improve the outcome of the condition when choosing the best treatment modality.

Treatment of premature ejaculation can be devastating to both the patient and the treating andrologist.

There are many treatment options, medical or surgical, for premature ejaculation, and there are many advances, and being updated will enable us to offer the patients the best treatment.

#### **Conclusion:**

Premature ejaculation effective therapy exists, and patients must be counseled on reasonable expectations and commit to behavioural adaptations.

## Abstracts

### *Gajanan Bhat*

Title: Body Dysmorphic Disorders in Men and Women- Management

Body dysmorphic disorders (BDD) are the result of altered body self image and are one of the main causes of severe depression if not recognized early. Though there are few validated scales to diagnose BDD, the clinical diagnosis is based on the obvious visual cues and keen observation of the patient's behaviour during the office visit for the consultation. Empathetic approach towards the patient is the mainstay in treating this disorder. Cognitive behavioural therapy (CBT) and pharmacotherapy in the form of Selective Serotonin Reuptake Inhibitors (SSRI) are successful in few patients, but relapse is quite common. The dosage of SSRIs required to treat the condition is much higher than the standard dose, and hence adverse events are quite common, thus leading to non-adherence to the therapy, which accounts for higher relapse rates. Various neuro-stimulation techniques, such as Repetitive Transcranial Magnetic Stimulation (rTMS), Bilateral Deep Brain Stimulation, are under trial, and the results are said to be encouraging for this severely crippling disorder.



## Abstracts

### *Gerald Brock*

Great strides have been achieved in the evaluation and treatment of male erectile dysfunction over the past three decades. To even the casual observer or layperson the discovery of Viagra and other PDE5 inhibitors subsequently, has been recognized as a major breakthrough in treatment. However, low energy shockwave, PRP, gene therapy, advances in surgical technique and innovative devices have all experienced important advances over the past decade, and gone largely unrecognized by the public at large but even more surprisingly, the medical community.

In this virtual presentation and live discussion, I hope to update the attendees on the recent advances in therapeutics with a critical view of which therapies have true objective evidence, where the future is heading and how best to inform your patients what to expect over the next decade. In the field of erectile dysfunction, perhaps more so than any other area of medicine, early claims from new therapies offering exceptional outcomes are the rule, rather than the exception and a critical evaluation of durability of outcomes is always prudent before jumping on a bandwagon of a treatment modality without true value....In this field of science; caveat emptor (let the buyer beware) is often very accurate!

## Abstracts

### *Gideon Blecher*

#### **Surgical options and outcomes following buried penis repair**

Dr Blecher will present the APSSM Lecture exploring the issues surrounding the buried penis. It is an often overlooked or dismissed issue, with significant patient morbidity. Dr Blecher will cover the various presentations of the buried penis, and will explore the available treatment options and the evidence based reported outcomes.



## Abstracts

### *Hussain M Alnajjar*

#### **Intraoperative complications of penile prosthesis and how to deal with them**

Implantation of a penile prosthesis is a surgical option for end-stage erectile dysfunction, has been reported to be associated with patient satisfaction rates as high as 90%. Although internationally reported prosthesis infection rates of 4% are accepted, high volume centres should have infection rates less than 2%. Intra-operative complications often lead to malfunctioning implants, risk of erosion and urethral injury as well as patient dissatisfaction. Therefore, these complications require identification and intraoperative management to ensure a satisfactory outcome. Recognition of complications intraoperatively provides the best opportunity to reduce the risk of infection, erosion or later revision of the prosthesis.

## Abstracts

### *Jawad Feghali*

Since 2010 Low intensity Shock wave therapy has been used for treating patients with Erectile Dysfunction (ED). Despite the different treatment protocols for ED; many studies have shown positive effect of LISWT on vasculogenic ED. During this lecture we will discuss the mechanism of action of LISWT; side effects; effectiveness and best protocols for LISWT treatment.



## Abstracts

### *Kwangsung Park*

#### **Medical treatment of Peyronie's disease: Clinical principles and expert opinions**

Kwangsung Park, MD PhD

Department of Urology, Chonnam National University Medical School, Gwangju, South Korea

Peyronie's disease (PD) is an acquired fibrotic disorder characterized by painful erection, penile curvature, and concomitant sexual dysfunction. PD is possibly associated with repetitive minor penile trauma during sexual intercourse and abnormal wound healing processes. The natural course of PD is divided into 2 phases: an acute (early) phase with active inflammation, penile pain, and changing penile curvature or deformity; a chronic (late) phase with stabilization of the lesion.

The management of the PD depends on the presenting symptoms, disease duration, and distress level following a detailed history taking and physical examination. The medical treatments are considered potentially effective in the early phase of PD. Medical treatment options include oral and intralesional drug therapy and mechanical therapy. The main goal of pharmacotherapy would be to relieve painful erection and prevent or halt plaque formation. It is recommended to discuss all the available treatment options and expected benefits and risks with patients before starting any treatment.



## Abstracts

### *Magdy Bahnasawy*

In December 2019, a novel coronavirus, the severe respiratory syndrome coronavirus-2 (SARS-CoV-2), was first found in Wuhan, China and was officially named by the WHO on 11th February 2020, as COVID-19.

COVID-19 pandemic is associated with significant sexual and reproductive dysfunctions.

The prevalence of ED, measured with the Sexual Health Inventory for Men, was significantly higher in the COVID+ group. COVID-19 increases the risk of developing ED by nearly six times. Meanwhile men with ED are more than five times more likely to have COVID-19.

It was found out that older age, diabetes, high body mass index (BMI), and smoking increase the risk of contracting COVID-19 which are the same as risk factors for ED.

Moreover reduction in sexual activity was reported in several studies. In British study on 868 UK adults self-isolating owing to the COVID-19 pandemic, the prevalence of sexual activity was lower than 40%. In Chinese epidemic area, 25% of the participants experienced a reduction in sexual desire, 36% of married men and 28% of married women reported a decrease in the frequency of sexual activities. Furthermore, 32% of men and 39% of women experienced a reduction in sexual satisfaction. Another cross-sectional study showed that COVID-19 pandemic, not the infection itself, has negatively impacted the sexual behavior of couples younger than the age of 35 years old. This was associated with exaggerated sexual avoidance and solitary sexual approach behaviors (masturbation or watching sexual content videos, etc.) both in men and women and also among healthcare workers.

Causes of sexual dysfunctions during COVID-19 pandemic include vascular effects, psychologic factors, overall health deterioration and potential testicular damage with subsequent subclinical hypogonadism. COVID-19 cannot be considered a STD however safe sex practice is highly advised. Sexual dysfunctions correlate well with severity of COVID-19 infection. Moreover, Sexual functions can be a good predictor of patient recovery. It is concluded that universal vaccination against the COVID-19 and the personal protective equipment could possibly have the added benefit of preventing sexual dysfunctions. Future studies assessing testosterone levels and erectile hemodynamics will be needed to provide definite evidence of a causative link between COVID-19 and sexual and reproductive dysfunctions



## Abstracts

### *Maher Zabaneh*

Peyronie's disease: does mechanical therapies replace surgery ?

Peyronie's Disease, as a multifactorial in origin, pathophysiological penile change , is a therapeutic dilemma due to an incomplete understanding of its aetiology.

Several surgical and non-surgical options are currently in use for treatment .

The non-surgical options may reduce and stabilize the objective and subjective measures of the disease. These modalities have focused on disrupting the process of an inflammatory response which leads to the formation of fibrous plaque within the layers of the tunica albuginea of the penis . The optimal time for non-surgical intervention is believed to be at the active phase of the disease , when we can treat the inflammation.

Current non-surgical management options include oral medications, mechanical therapies , intraleisional and topical treatments. Stem Cell Therapy is still a challenge for the future.

This presentation will discuss the option of using mechanical therapies in treating PD.

Maher Zabaneh M.D.

Senior Consultant Urologist

Member, AUA, EAU, ISSM, MESSM, AAU, JAUS

Amman, Jordan

## Abstracts

### *Moataz Ali*

#### **Impact of COVID-19 Lockdown on Female Sexual Frequency and Satisfaction in Egypt: A cross-sectional study**

Since the outbreak of the COVID-19 in 2020, a worldwide shift has been observed regarding social interactive behaviors. The negative effects of these changes resulted in heightened stress levels however a positive impact has been documented in the opportunity to reconnect with partners and increase sexual intimacy, but few studies in the Middle East and Egypt were done to study whether and how sexual frequency and satisfaction of partners have been affected by the pandemic.



## Abstracts

### *Mohamed Arafa*

#### **When to request a Doppler for an ED case?**

Penile doppler ultrasound is the most used diagnostic imaging technique for evaluation of penile anatomy and physiology. It has the advantage of real-time monitoring of erection enabling the evaluation of erection hemodynamics. A lot of efforts have been done to standardize penile doppler, however, many controversies are still present. Some of the controversies include the type of medication used as well as the dose, the duration of the test, the location of the doppler probe and whether to study flaccid penis or pharmacologically induced erection. Controversies also extend to include the interpretation of the test with different proposed peak systolic and diastolic velocities. All these limitations lead to inconclusive recommendations regarding the use of penile doppler in ED and raise the question when to order penile doppler for ED case? and what is the diagnostic value of such test?

## Abstracts

### *Mohamed Mahdi*

We are reporting an interesting case of an eroded penile prosthesis reservoir inside a urinary bladder, managed by a revision procedure involving reinsertion of only a new reservoir in an ectopic Novel place.

A 64-year-old gentleman with an inflatable penile prosthesis (IPP) implanted 3 years before the presentation, came complaining of intermittent hematuria, associated with lower urinary tract symptoms. His complaint started 2 months earlier after a minor blunt abdominal trauma. In office flexible cystoscopy, and CT scan confirmed that the reservoir is completely inside the bladder.

A revision procedure was done through laparotomy and cystostomy as the video demonstrates. As there were no signs of infection before the surgery and intraoperatively, a decision was made to replace only the reservoir. The target was to avoid placing the new reservoir into a place close to the operative field to avoid the possible complications. So, a new concealed reservoir placed in a Novel ectopic location not reported before (outside the abdominal cavity, high in the space between the rectus muscle and the anterior rectus sheath in the contralateral side). After the recovery period there was no complications and the patient was able to use the device efficiently without difficulties.

**Conclusion:** eroded IPP reservoir can be safely replaced in a single procedure in the absence of infection. And non-traditional or ectopic location is a good alternative especially in case of hostile pelvis (retzius space).



## Abstracts

### *Mohamed Shokr*

**Background:** Penile length and girth have long been sources of anxiety for men.

**Objectives:** The authors sought to measure satisfaction with intercourse and erectile function 3 and 6 months after girth augmentation in patients with semi-rigid penile implants who received autologous fat injections.

**Methods:** Thirty married participants in Egypt were recruited and divided into 2 groups between January 2016 and August 2017. Fifteen patients who underwent semi-rigid penile implant insertion and 15 controls all received autologous fat injections and were followed-up for 3 and 6 months.

**Results:** Median penile girth increased significantly in both groups, although fat loss was noted after 6 months. There was a positive correlation between the amount of fat injected and the change in penile girth measured 6 months after the procedure in the controls.

**Conclusions:** Autologous fat transfer is a simple and safe procedure that can be used to augment penile girth in patients whose girth is less than 11.5 cm after penile prosthesis insertion.



## Abstracts

### *Mona Reda*

#### **How to manage depression with Hypoactive Desire Disorder?**

Reda M.

Psychiatry Prof.

AinShams Univ. Cairo. Egypt.

Depressive disorders are highly prevalent and disabling conditions affecting millions of men and women worldwide, within the typical clinical presentation of depression is the presence of depressed mood and loss of interest or pleasure in individual's activities. Sexual function and sexual activities are also negatively affected by depression.

The complex and multifactorial relationship between depression and hypoactive sexual desire disorder (HSDD) has become a topic of interest in sexual medicine for the past several decades. Higher levels of depression are accompanied with lower level of sexual desire and sexual satisfaction.

Challenges that are faced in clinical practice daily include: assessment of depression and hypoactive sexual function in an attempt to identify cause-effect relationship, using the best suitable approach for interviewing the depressed patient, and deciding on the most suitable clinical intervention for managing both depression and HSDD.

Clinical intervention mostly includes the use of antidepressants, mostly used are serotonin and nor-adrenaline base drugs that negatively affect sexual desire. With the choice of the appropriate antidepressant, recent data has proven the efficiency of education, cognitive restructure, sensate focus and meditation in improving management outcome.



## Abstracts

### *Ons Kaabia*

#### **Non reproductive sexuality: The impact of contraception on the couple's sexuality and marital adjustment**

**Ons Kaabia**

**Tunisian Society of Clinical Sexology**

**Univeristé de Sousse, Faculté de Médecine de Sousse, Laboratoire de recherche LR12ES03, Tunisia**

**Service de Gynécologie Obstétrique, CHU Farhat Hached, Sousse Tunisia**

**Introduction & Aims:** Non reproductive sexuality is a recent and modern concept that extends all over the world thanks to the development of contraception. The main objective of this study was to evaluate the marital agreement and the changes in the sexuality in married Tunisian couples under contraception.

**Patients & Methods:** This is a prospective cohort-type study of heterosexual married Tunisian couples with women under the age of 40 consulting for a refill or a control of their contraception prior to the COVID pandemic. The data collection was done in an individual interview, in which the marital agreement of the patients was assessed using a standardized psychometric assessment scale validated in Arabic: The Locke and Wallace Marital Adjustment Test (MAT). The Arab Female Sexual Function Index (ArFSFI) was the scale for evaluation of female sexual function and the validated Arabic translation of the The International Index of Erectile Function (IIEF-15) for the evaluation of male sexuality. The Locke and Wallace Marital Adjustment Test (MAT) for Assessment of Spousal Agreement.

**Results:** We included 100 couples. The Copper Intrauterine device was the most used contraceptive among women. The condom was used in 9%. There were no significant differences in the female sexual function when comparing to the contraceptive methods used. Men were less satisfied when using condoms ( $p = 0.008$ ) but with no other alterations of their sexuality. There were no differences regarding the marital adjustment score depending on the contraceptive method.

**Conclusions:** The contraceptive method does not alter the sexual function in women and does not impact the marital adjustment. the use of condoms is associated with less sexual satisfaction among men.



## Abstracts

### *Osama Shaeer*

#### **Mitomycin c can minimize corporal scarring following explantation of an infected penile implant**

O. Shaeer<sup>1</sup>

1 Department of Andrology, Faculty of Medicine, Cairo University, Dokki, Egypt

#### **Objectives**

Delayed replantation following extrusion of an infected penile implant is hindered by the corporal scarring that issues. This renders the procedure difficult and with a higher rate of complications. In addition to the anti-tumour anti-biotic properties of Mitomycin C, it is known to be a potent anti-fibrotic agent with multiple applications in surgery such as esophageal atresia and bladder neck strictures. This work aims to evaluate the efficacy and safety of Mitomycin instillation upon removal of infected implants in preventing or minimizing corporal scarring

#### **Methods**

Twelve patients with infected penile implants were included in the study. Upon extraction of the infected implant, corporal bodies were irrigated with antibiotics and antiseptics. This was followed by instillation of Mitomycin C, 10 mg in 250 cc saline, 125 cc into each cavernous space. Caution was observed to prevent contact with corporotomy and skin edges. The latter were freshened and closed. Re-implantation was performed 10-12 weeks subsequently. Four patients received an inflatable 3-piece implant and eight received a malleable.

#### **Results**

The cavernous cavity was found preserved, though tunica albuginea was thickened in all cases. Corporal dilatation was without resistance, using blunt Hegars. Ten patients received the same size of implant in length and girth. Two cases received a shorter implant (1 cm in one patient and 1.5 in the other). No re-infection, extrusion or urethral injuries were encountered. Two patients exhibited superficial skin ulcerations that resolved with topical care over 6-8 months.

#### **Conclusions**

Mitomycin C instillation upon explantation of an infected penile prosthesis minimizes corporal scarring. Patients should be warned as to the possibility of postoperative skin ulceration. We believe this can be prevented by implantation of a narrower girth if the tunica albuginea is evidently thickened.



## Abstracts

### *Sandrine Attallah*

#### **Evaluation and management of male hypoactive sexual desire disorder.**

Contrary to the prevailing perception of male sexuality as being mechanical and simple, male sexuality is multi-factorial, multi-dimensional, and complex, with large individual, interpersonal and sociocultural differences.

Furthermore, few studies have examined male hypoactive sexual desire disorder (Male HSDD); instead, a lot of scientific researches have been focusing on erectile dysfunction and premature ejaculation. Moreover, sexual medicine is progressively shifting toward the medicalization of male sexuality. This includes pro-erection pharmacotherapy and the use of testosterone injections or gels as the first line of treatment for male sexual desire problems.

Hence, diagnosing and managing Male HSDD when Testosterone levels are normal is a real challenge.

This presentation will expose an integrative, psychobiosocial approach to lifelong and acquired male HSDD in order to comprehend, assess, and treat this complicated issue.

## Abstracts

### *Sara Nasserzadeh*

#### **Relationship Panoramic Inventory for the holistic assessment of a coupledom**

Relationship Panoramic Inventory (RPI) as a validated tool for practitioners who work with couples: The most recently validated inventory for the 360 degree review of the main dynamics in a coupledom. The last questionnaire to assess the status of a coupledom was developed 40 years ago. The need was prominent to create an inventory that would be more comprehensive, strength based (versus pathology based) and help couples with thriving in their relationships (individually and as a couple) versus just surviving it. RPI offers more than 12 validated scales in one Inventory. It takes on average 30 minutes to complete and offers information that would be priceless for the therapist (areas such as thinking style, identity relevance, conflict management styles, relationship dynamic paradigms and so on). The inventory is based on 10 years qualitative research with 312 couples and a quantitative research with 159 couples and 300+ individuals (US representative sample which means it considers various sexual and relationship orientations as well as racial and ethnic backgrounds). RPI helps to democratize couples therapy and make it a much more holistic and systematic practice. You can read the technical document here: <https://relationship-panoramic.com/about/#Science> and as a professional you can register to receive a free access code to take the test with your partner here: <https://relationship-panoramic.com/free-trial-eligibility-form/> .



## Abstracts

### *Shereen Metwally*

#### **The Role of Physical Therapy in Female Sexual Dysfunction Dyspareunia and vaginismus**

Healthy sexuality is a positive and life-affirming part of being human.

Sexual expression requires cognitive and emotional abilities including self-awareness, self-knowledge, and comfort with intimacy, sensuality, and intimate relationships.

The capacity to experience optimal comfort and satisfaction in sexual expression also requires basic physical abilities.

Essentially, these include intact sensory and motor processes and the ability to move with ease.

By age 40, 7.8% of women reported vulvar pain.

Vaginismus as a common sexual disorder among women affects approximately 1–7% of females worldwide.

Vaginismus is involuntary and uncontrolled and functions much the same as any reflex to avoid injury. Spasms in the external musculature of the vagina, the etiology of which is still unknown, but there are cases of bio-psychosocial factors such as sexual abuse, strict sex education, emotional trauma, religious beliefs, fear of sex, or even changes of making vaginal penetration impossible during sexual intercourse. It is the most common reason for unconsummated marriages.

Rehabilitation and enhancement of these processes when they are challenged are part of how physical therapists facilitate optimal sexual function.

The physical therapy as technical—as simply opening the vagina while the sex therapy opens the mind.

Successful treatment facilitates greater self-awareness, self-confidence, improved body image, lowered anxiety, and feelings of empowerment—all of which encourage and affirm optimal sexual health.

Pelvic floor physical therapy is used in the treatment of sexual pain disorders.

Pelvic floor physical therapy is a noninvasive option for relieving pain associated with dyspareunia, genital pain associated with sexual intercourse.

Here we will take a tour of the principles of pelvic floor physical therapy (PFPT), review the evidence for PFPT as a treatment for pelvic floor dysfunction, and summarize the current recommendations for PFPT as a first-line conservative treatment option for pelvic floor disorders.



## Abstracts

### *Wafaa Eltantawy*

#### **PGAD: where we are now.**

Persistent genital arousal disorder (PGAD) is a phenomenon relating mainly to women sexual health, in which afflicted women complain of sudden and frequent genital arousal that are qualitatively different from the kind of sexual arousal that is associated with desire, or subjective arousal. Masturbation and orgasms offer little or no relief. It is important not to confuse persistent sexual arousal syndrome (PSAS) with hypersexuality. Hypersexuality manifests as excessive desire with or without persistent genital arousal. The key difference between the two is that PSAS manifests as persistent genital arousal in the absence of desire. It is a very rare condition, and it is possible that the sufferers do not report the condition because of shame and embarrassment. There is a lack of understanding of the problem, shame, and hesitation to seek help. The syndrome has been recently described, and understanding is still evolving.



# REGISTRATION

Registration fees - same for in-person and online

Categories	Fees
Non MESSM members	125.00 USD
MESSM members	100.00 USD
Students	75.00 USD
Psychologist, Psychotherapist and others	85.00 USD

## The registration fees include

- Access to the Exhibition, Lunches, and coffee breaks
- Bag (includes a certificate and abstract book with final program)



# ACCOMMODATION

## Hotel name

Le Royal Hotel Amman (The main venue of the meeting)

Single room rate 120.00 USD

Double room rate 135.00 USD

Belle vue Hotel (4Stars)

Single room rate 90.00 USD

Double room rate 108.00 USD

- ✦ Rates are per night per room inclusive of sales tax and service charge
- ✦ All above rates are inclusive breakfast





# SOCIAL PROGRAM

## ▶ Gala Dinner

7 January 2022

## ▶ Tour program

Option (1)	Amman Sightseeing	3-4 Hours
Option (2)	Amman - Jerash - Ajloun - Umm Qais - Amman	Full day
Option (3)	Amman - Madaba - Mt. Nebo Panorama - Amman	Half day
Option (4)	Amman - Dead Sea - Baptism Site - Amman	Full day
Option (5)	Amman - Petra - Wadi Rum - Amman	Full day

▪ For booking, please contact us through: [contact@eventscons.com](mailto:contact@eventscons.com)



Jerash



Ajloun



Umm Qais



Mt. Nebo



Dead Sea



Baptism Site



Petra



Wadi Rum



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